

Friday	Train The Trainer
11:00-12:00	Teaching Rhythm Rudolf Roth
12:20-13:20	How To Shape Your Classes Around Clear Themes And Objectives Zack & Maryse
	Lunch Break
14:10-15:10	Teaching 'Genre of Motion' David & Heather
15:30-16:30	Teaching - Methodology And Design Nick & Carla

Rock that Swing

DANCE CAMP

February 20th - 23rd, 2009

Effective 15.12.2008

Saturday	Boogie Woogie Beg	Lindy Hop Beg	Shag Beg/Int	Acro + Show**	BW Beg/Int	BW Int	BW Adv
11:00-12:00	Boogie Woogie (1) 6-Count Basic & Basic Moves Olivier & Natasha	Lindy Hop (1) 8-Counts Dave & Kim	Shag (1) Shag Basics Made Easy Jeremy & Laura	Flying Low & Fast Juan & Sharon	Spins & Turns Jorgen & Aina	Boogie Moves Andreas & Jessica	Expression & Body Movement William & Maeva
12:20-13:20	Boogie Woogie (2) Turns & Spins Hasse & Marie	Lindy Hop (2) Lindy Charleston Paul & Natasha	Shag (2) Breaks & Turns Dave & Kim	Pancake With Syrup Zack & Maryse	Classic Moves Andreas & Jessica	8 Count And 6 Count Whip In Boogie Olivier & Natasha	Music Interpretation Jorgen & Aina
	Lunch Break						
14:10-15:10	Boogie Woogie (3) Fun Stuff Andreas & Jessica	Lindy Hop (3) 6 Counts & 40s Jazz Steps Juan & Sharon	Shag (3) Fun Shag Patterns Paul & Natasha	Jammin' Combos Jeremy & Laura	Boogie Appetizers William & Maeva	Fancy Variations Jorgen & Aina	Changing The Speed Hasse & Marie
15:30-16:30	Little Apple Lance & Shannon	Dips & Tricks* Andreas & Jessica	Introduction To Shag Paul & Natasha	Jam Material* Dave & Kim	Choreographing Using The Song Structure Zack & Maryse	Blues 1 Bernard & Anne-Hélène	Slides For Boys & Girls Vincenzo & Isabella

Sunday	Balboa Beg	20s Charleston	Shag Int	Acro + Show**	BW Beg/Int	BW Int	BW Adv
11:00-12:00	Balboa (1) Balboa Basics, Come Around Olivier & Natasha	Charleston Routine Vincenzo & Isabella	Breaks & Variations Paul & Natasha	Gil And Nicki's Kay Flip Dave & Kim	The Basic Step & Beyond William & Maeva	Challenge Your Dance Andreas & Jessica	Dips & Tricks Jorgen & Aina
12:20-13:20	Balboa (2) Throw Out & Inside Turn Dave & Kim	Partner Charleston Transitions Nick & Carla	Traditional Steps Lance & Shannon	Favourite Moves Sakarias & Frida	Lead & Follow Marcus & Bärbl	Boogie Mad William & Maeva	Boogielicious Rhythms Jessica & Andreas
	Lunch Break						
14:10-15:10	Balboa (3) Lollies, Cross Break Bernard & Anne-Hélène	Advanced 20's Charleston (Solo) Sakarias & Frida	Fun Shag Moves Nick & Carla	Over The Head Vincenzo & Isabella	Fun & Tricky Hasse & Marie	Lead & Follow Marcus & Bärbl	Music Interpretation And Body Leading Olivier & Natasha
15:30-16:30	Original Big Apple Lance	20s Partner Charleston Sakarias & Frida	Single Time Shag Bill & Shannon	Fun and Safe* Mickey & Kelly	Slide-o-Rama Juan	Blues 2 Bernard & Anne-Hélène	Introduction to Burlesque Sharon

Monday	Lead & Follow	Vernacular Jazz	Shag Int/Adv	Acro + Show**	BW Beg/Int	BW Int	BW Adv
11:00-12:00	Essential Principles For Leaders And Followers Hasse & Marie	Fundamental And Classic Jazz Moves (No Routine) Sakarias & Frida	Beyond Slow Slow Quick Quick - Discover New Rhythms Zack & Maryse	Up Up And Away With New Variations! Nick & Carla	Footwork Variations Andreas & Jessica	Syncopations Jorgen & Aina	Fast Technique & Show William & Maeva
12:20-13:20	Hesitations And Stretch Dynamic Nick & Carla	Traditional Elements Spiced Up Vincenzo & Isabella	Shag Shine Steps Jeremy & Laura	Fun Dips & Tricks Jorgen & Aina	How To Use Figures With Momentum Olivier & Natasha	Cool Footwork William & Maeva	The Three Pillars Of Boogie Marcus & Bärbl
	Lunch Break						
14:10-15:10	Frida and Zacks Thoughts About Lead and Follow Sakarias & Frida	Happy Feet: Mixing 1920s Charleston Elements And Hot Vernacular Jazz Juan & Sharon	Arthur Murray Steps Lance & Shannon	The French Touch William & Maeva	Dancing To The Music Jorgen & Aina	Pump It Up Hasse & Marie	Social Moves Jessica & Andreas
15:30-16:30	Lessons Learned From Moving Boxes and Pushing Refrigerators David & Heather	Performance Sakarias & Frida	Original Charleston From 1923 To 1925 Lance	Safe Dips & Tricks* William & Maeva	Authentic Black Bottom Shannon	Dancing Lindy With Your Whole Body Juan & Sharon	Body Awareness Jorgen & Aina
16:45-17:00	Bye Bye						

* Partner required ** Partner required and limited to 15 couples

Rock ^{the} Swing DANCE CAMP

February 20th - 23rd, 2009

Saturday	Balboa Beg/Int	Balboa Int	Balboa Adv	LH Beg/Int	LH Int	LH Adv	TTT Lindy Hop
11:00-12:00	Pure Balboa David & Heather	Breaking Free Nick & Carla	Variations & Syncopations Bernard & Anne-Hélène	Swing Out Mickey & Kelly	Changing The Speed Hasse & Marie	Fast & Wild Sakarias & Frida	Teaching Improvisation Zack & Maryse
12:20-13:20	Build Tricky Moves Out Of Basic Moves Bernard & Anne-Hélène	Rhythm And Turn Variations Jeremy & Laura	Its Not What You Do, But The Way That You Do It Mickey & Kelly	The Classic Jig Walk Sakarias & Frida	Swingout Styling/Jazzin' Up Your Lindy Hop Nick & Carla	Advanced Vintage Footwork Juan & Sharon	The Three Pillars of Lindy David & Heather
<i>Lunch Break</i>							
14:10-15:10	Essentials Of Bal-Swing Zack & Maryse	Transitions (Balboa & Bal-Swing) Mickey & Kelly	Challenge! David & Heather	6s vs 8s Nick & Carla	Wanna Slide Vincenzo & Isabella	Movie Moves Dave & Kim	Questions & Answers Sakarias & Frida
15:30-16:30	Rhythm Rudolf Roth	West Coast Swing Melanie	Tail Feather / Barefoot Christine	<i>Boogie Woogie Competition:*</i> Slow Dancing Hasse & Marie	<i>Lindy Hop Competition:*</i> Different Aspects: Spotlights, Endurance... Frida & Sakarias	<i>Balboa Competition:*</i> Compete! Examples & Guidance Mickey & Kelly	Swing Out Technique Nick & Carla

Sunday	Balboa Beg/Int	Balboa Int	Balboa Adv	LH Beg/Int	LH Int	LH Adv	TTT Boogie Woogie
11:00-12:00	Lollie Kicks Variations Zack & Maryse	Cool Moves & Footwork Bernard & Anne-Hélène	Looking Good Nick & Carla	The Three Pillars of Lindy David & Heather	Rhythmic Variations and Styling Jeremy & Laura	Lindy Hop And Charleston: Hot New Transitions Mickey & Kelly	How To Teach Lead & Follow Hasse & Marie
12:20-13:20	Easy Throw Out Combinations Olivier & Natasha	Mix it up! (Bal-Swing) David & Heather	Challenge With Tricky Moves Bernard & Anne-Hélène	Lindy Charleston Variations Jeremy & Laura	Hot Moves Mickey & Kelly	Make It Interesting Hasse & Marie	Coaching Jorgen & Aina
<i>Lunch Break</i>							
14:10-15:10	Swivels & Twists Dave & Kim	Improvise In Balboa For Leaders & Followers Zack & Maryse	Bal Madness (Balboa & Bal-Swing) Mickey & Kelly	Everybody's Truckin' Juan & Sharon	Spirit of Southern California Lindy David & Heather	Advanced Creativity Jeremy & Laura	Proper Preparation For A Class Melanie
15:30-16:30	Rhythm Rudolf Roth	West Coast Swing Melanie	Shim Sham Christine	<i>Boogie Woogie Competition:*</i> How To Be A Complete Dancer? Jorgen & Aina	<i>Lindy Hop Competition:*</i> Lindy Arena Nick & Carla	<i>Balboa Competition:*</i> Balboa Arena Jeremy & Laura	How To Introduce And Teach Social Boogie Musicality For Olivier & Natasha

Monday	Balboa Beg/Int	Balboa Int	Balboa Adv	LH Beg/Int	LH Int	LH Adv	TTT Balboa
11:00-12:00	Exploring The Outs & Ins Of Balboa (Bal-Swing) Mickey & Kelly	Pure Balboa Footwork Olivier & Natasha	That Was Awesome! Jeremy & Laura	The Re-Direction Connection Dave & Kim	Leon James Moves For Leaders and Followers Juan & Sharon	Lindy Magic: Fast & Dynamic Routine Vincenzo & Isabella	Lessons Learned From A Decade Of Modern Balboa David & Heather
12:20-13:20	Sweet Fundamentals: Basic Moves That Feel Good And Look Stylish Juan & Sharon	Swivels & Twists Dave & Kim	Apache Variations Zack & Maryse	Dancing To The Music Hasse & Marie	Rhythmfy Your Lindy Hop Sakarias & Frida	Chupacabra! David & Heather	The Direction Of Balboa And Bal-Swing Mickey & Kelly
<i>Lunch Break</i>							
14:10-15:10	Smooth Bal-Swing Transitions Jeremy & Laura	Spin, Spin Spin Mickey & Kelly	Rhythm Variations Olivier & Natasha	Improving Partner Connection Vincenzo & Isabella	Lindy Charleston Dave & Kim	Rhythm Nation Nick & Carla	How To Teach Spins And Turns Zack & Maryse
15:30-16:30	Jazz Steps For Your Lindy Jeremy & Laura	Mental Training For Competitors Melanie	Jitterbug Stroll Christine	<i>Boogie Woogie Competition:*</i> Keep The Dance Excited, Dancing To Music & Audience Andreas & Jessica	<i>Lindy Hop Competition:*</i> What Can We Learn From The Masters Vincenzo & Isabella	<i>Balboa Competition:*</i> Tricky Figures For Competition Olivier & Natasha	The Fundamentals Of Bal-Swing Nick & Carla
16:45-17:00	<i>Bye Bye</i>						

* Partner required